

## **Holistic and Integrative Healing LLC**

Dr. Nancy Iankowitz DNP, APRN, FNP-BC  
24 Great Bear Road  
Holmes, New York 12531  
(917) 716-6802

**GOALS:** To facilitate wellness by partnering with individual patients along their unique healing journey; to facilitate community wellness by building a wellness community.

### **PROFESSIONAL CERTIFICATIONS/REGISTRATION/CREDENTIALS:**

- Registered Professional Nurse New York State and Connecticut
- Board Certified Family Nurse Practitioner (ANCC) New York State
- FNP certified by Pace University & Mary-Imogene Bassett Hospital/Columbia-Presbyterian
- BLS 1984 - present
- DEA registered 1992-1995; 2002-2008; 2011 - present
- Second Degree Reiki Certification

### **WORK EXPERIENCE:**

2015 – Present                   **Holistic and Integrative Healing LLC**  
**24 Great Bear Road**  
**Holmes, NY 12531**

#### **Founder and Director**

- Self-healing & boosting the immune system using integrative techniques and a non-pharmaceutical approach to wellness
- Functional Medicine inspired interventions to heal & prevent acute, episodic illness
- Consultation to facilitate wellness of patients with chronic conditions
- Motivational speaker; author; editor; host "Marcy's World" 103.7 WPWL Pawling Public Radio

2014 – Present                   **Universe's Secretary**  
**24 Great Bear Road**  
**Holmes, NY 12531**

#### **Founder and Owner**

- Healing through journaling – mind/body/spirit wellness
- Author; editor; ghost-writer
- Motivational speaker – facilitating wellness throughout the grieving process

2014 – 2017                   **Mount Saint Mary College**  
2006 – 2010                   **330 Powell Avenue**  
**Newburgh, New York 12550**

#### **Adjunct Faculty, Division of Nursing**

- Assistant Professor, Physical Assessment Lab, Division of Nursing Fall 2014
- Assistant Professor, Physical Assessment Lab, *Division of Nursing Fall 2007-Fall 2010*
- Instructor, Pathophysiology (Accelerated), *Division of Natural Science Spring 2007*
- Instructor, Pathophysiology, *Division of Natural Science Fall 2006*
- Instructor, Physical Assessment Lab, *Division of Nursing Fall 2006*

#### **Health Services and Wellness Center, Nurse Practitioner (8/2007-4/2009)**

- Diagnosis, treatment and follow-up of acute, episodic illnesses
- Performance of Physical Examinations
- Graduate Student Nurse Preceptor
- Director of Laboratory Services
- Editor, Health and Wellness Newsletter; Leader of Workshops

#### **Lab Coordinator, Division of Nursing Fall 2006**

- Orientation of Nursing Division faculty to the use of 'Annie SIM' (smart dummy)
- Tutoring/mentoring undergraduate nursing
- Preparation of undergraduate nursing students for midterm and final exams

2012 - 2014                    **Urban Health Plan**  
**1065 Southern Blvd.**  
**Bronx, NY 10459**

**Director of Care Management**

- Prevention of unnecessary ER visits & hospitalizations; ensuring ambulatory sensitive conditions are addressed at point of care
- Leadership & direction to ensure pre-visit planning, follow-up, continuity & coordination of care for high risk patients; attention to vulnerable patients with complex medical conditions

**Associate Director of Nursing**

- Ensured organization-wide standardization of care and practice
- Duties: Administrative, Program Development, Clinical, In-Service Education, Quality Control

2010 - 2011                    **Pace University Lienhard School of Nursing**  
**Pleasantville, NY 10570**

**Adjunct Clinical Faculty Graduate Division**

- Physical Assessment Lab Faculty (hands on) Graduate Assistant
- Online Graduate Teaching Assistant

1998 – 2000                    **Albert Einstein College of Medicine of Yeshiva University**  
**1300 Morris Park Avenue, Belfer Rm 701**  
**Bronx, New York 10461**

**Research Coordinator, Longevity Genes Project**

- Established & examined subject population; oriented, trained & supervised staff
- Organized and developed project; prepared and submitted annual reports
- Developed, edited & updated questionnaires, manual of operations, protocols, organizational frameworks, job descriptions; corresponded with & maintained support of key institutions; public relations, presented research at scientific convention

1984 - 1994                    **Community Health Program of Queens/Nassau**  
**410 Lakeville Road**  
**New Hyde Park, New York 11042**

**Team Leader - Urgent Visit Unit / Family Nurse Practitioner in Multi-Disciplinary settings**

- Supervision and coordination of team; maintenance of emergency crash cart
- Diagnosis, treatment and follow-up of patients with acute, episodic illnesses
- Responsible for Urgent Visit area and post-surgical patients

**EDUCATION:**

**DOCTOR OF NURSING PRACTICE** May, 2012 Pace University  
New York City Campus / College of Health Professions Lienhard School of Nursing

**MASTER OF SCIENCE** December, 1983 Pace University  
Pleasantville, New York 10570  
Lienhard School of Nursing

**BACHELOR OF ARTS** June, 1981 cum laude Pace University  
Pleasantville, New York 10570  
Dyson College Double Major: Psychology/Human Relations

**RESEARCH, PUBLICATIONS, PODCASTS and PRESENTATIONS:**

Boosting the Immune System. (July 2017) Pawling Library, NY.  
The Human Body is Designed to Heal, (April 2017) Pawling Library, NY.  
Marcy's World, Host WPWL 103.7 FM Pawling Public Radio & live FB streaming (2017)  
Journal for Nurse Practitioners (2016) Reviewer.  
Zylova, Natalya. (2015). Health and Wellness for Busy Women. Edited by Iankowitz, N. & Dvorak, M.

## Iankowitz, N.

- Live Radio Interview; host Carol Kantor taped Dec. 2015. Topic: Mind/Body/Spirit Balance & Healing Your Next Shift*, Interviewer: Elizabeth Scala. Taped for radio show July 2015 released August 2015
- Singleton, J.K., DiGregorio, R.V., Hernandez, C., et al. (2014) Primary Care, Second Edition: An Interprofessional Perspective. New York: Springer Publishing Company
- Iankowitz, N., Uzokwe, H., Dowden, M. & Palomino, S. Computer Systems Tools and Potentially Inappropriate Medications Ordered at Discharge for Adults  $\geq$  65 years of age: a Systematic Review; JBI protocol 565, (2011)
- Iankowitz, N. & Palomino, S. The DNP Project: A Collaborative Effort Between Hudson Valley Hospital Center and Pace University (2011) (presentation)
- Iankowitz, N. & Palomino, S. Quarterly Medical Staff Meeting (2011) Hudson Valley Hospital Center. "Computer Systems Tools and Reduction of Prescribing PIMs" (presentation)
- Iankowitz, N. (2010). Cure sinusitis for under a penny a day. *Poughkeepsie Journal archives*
- Iankowitz, N. (2007, 2010). *Conversations With Our Daughters*. Indiana: AuthorHouse
- Iankowitz, N. (2005). *Tales of The Soil*. Indiana: AuthorHouse
- Iankowitz, N. (2003). *Marcy and Her Friends*. Indiana: 1st books
- Barzilai, N., Iankowitz, N., Gabriely, M. "Searching for Longevity Genes in the Historically Unique Jewish Ashkenazi Population" (ongoing longitudinal research project at the Albert Einstein College of Medicine)
- Barzilai, N., Gabriely, I., Gabriely, M., Iankowitz, N., Sorkin, J. "Offspring of Centenarians Have a Favorable Lipid Profile" *JAGS* 49(1):76-79, 2001
- "Searching for Longevity Genes in an Offspring Cohort" (presentation) The Gerontological Society of America 52<sup>nd</sup> Annual Scientific Meeting San Francisco Hilton & Towers, San Francisco, CA 11/1999
- Cohen, N., and Smith, V. "Effects of Anxiety and Loneliness on Midterm Grades of Graduate Nursing Students" 1983 (Unpublished Master's Thesis, Pace University archives)
- Cohen, N. "Method and Treatment of Psychoanalysis - Freud: Gone, But Is He Forgotten?" (Original paper presented at Regional Convention, Marymount College, New York) Sponsored by Alpha Chi Delta Honor Society, Chapter VI, 1980
- Cohen, N. "Effects of Diet and Nutrition on Schizophrenia" (original paper presented at National Convention, Nashville, Tennessee) Sponsored by Alpha Chi Delta Honor Society, Chapter VI, 1979

### **WORKSHOPS CONDUCTED:**

- Stress Management for children and adults 1985 – present
- Creative Writing & Peaceful Conflict Resolution (adults & children) 1996 – present
- Diabetic Foot Care 1986

### **HONORS/ORGANIZATIONS/AFFILIATIONS:**

- ANA Code of Ethics Revision Professional Issues Panel Advisory Committee 2013
- Benjamin Scholarship Award 2011 – Pace University
- Cambridge Who's Who Registry Among Executive and Professional Women in the Field of Research, Medicine and Healthcare 2010-2011
- International Association of Nurses 2010
- Committee Member – Pace Dean's Alumni Award 2010, 2011
- Pace University Speaker - Commencement: Alumni Address and Honors Ceremony 2010
- Pace University LSN Dean's Alumni/ae Award for Outstanding Professional Contributions 2009
- Sigma Theta Tau International Honor Society of Nursing 2008-present
- Who's Who Among Executives and Professional Women Honors Edition 2008
- Charter Member of Integrative Practitioner 2008
- United Who's Who of Executives and Professionals 2006; Who's Who in Nursing 1997-present
- The National Registry of Certified Nurses in Advanced Practice 1988-present
- The National Distinguished Service Registry in Nursing 1988-present
- Who's Who in American Colleges and Universities 1981-1983
- Alpha Chi Delta Honor Society (former Vice President)
- Professional Membership: ANA; NYSNA; AANP (current)

### **REFERENCES:** Upon request