

Dr. Nancy Iankowitz DNP, APRN, FNP-BC

24 Great Bear Road, Holmes, New York 12531

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EDUCATION:

***DOCTOR OF NURSING PRACTICE** May, 2012 Pace University
New York City Campus / College of Health Professions Lienhard School of Nursing*

***MASTER OF SCIENCE** December, 1983 Pace University, Lienhard School of Nursing
Pleasantville, New York 10570*

***BACHELOR OF ARTS** June, 1981 cum laude Pace University Dyson College
Pleasantville, New York 10570
Double Major: Psychology/Human Relations*

PROFESSIONAL CERTIFICATIONS/ REGISTRATION/ CREDENTIALS:

- Registered Professional Nurse New York State and Connecticut
- Board Certified Family Nurse Practitioner (ANCC) New York State
- FNP certified by Pace University & Mary-Imogene Bassett Hospital/Columbia-Presbyterian
- BLS 1984 - present
- DEA registered 1992-1995; 2002-2008; 2011 - present
- Second Degree Reiki Certification

WORK EXPERIENCE:

Holistic and Integrative Healing LLC
24 Great Bear Road
Holmes, NY 12531

Founder and Director 2015 - present

- Functional Medicine (systems-based interventions) to heal & prevent acute, episodic illness
- Consultation to facilitate wellness of patients with chronic conditions
- Self-healing and boosting the immune system using integrative techniques and a non-pharmaceutical approach to wellness
- Motivational speaker; author; editor; host and producer of “Marcy’s World” 103.7 FM WPWL Pawling Public Radio

Mount Saint Mary College
330 Powell Avenue
Newburgh, New York 12550

Adjunct Faculty, Division of Nursing 2006-2010; 2014-2017

- Assistant Professor, Physical Assessment Lab, *Division of Nursing Fall 2014*
- Assistant Professor, Physical Assessment Lab, *Division of Nursing Fall 2007-Fall 2010*
- Instructor, Pathophysiology (Accelerated), *Division of Natural Science Spring 2007*
- Instructor, Pathophysiology, *Division of Natural Science Fall 2006*
- Instructor, Physical Assessment Lab, *Division of Nursing Fall 2006*

Health Services and Wellness Center, Nurse Practitioner (2007 - 2009)

- Diagnosis, treatment and follow-up of acute, episodic illnesses
- Performance of Physical Examinations
- Graduate Student Nurse Preceptor; Director of Laboratory Services
- Editor, Health and Wellness Newsletter; Leader of Workshops

Lab Coordinator, Division of Nursing Fall 2006

- Orientation of Nursing Division faculty to the use of 'Annie SIM' (smart dummy)
- Tutoring/mentoring undergraduate nursing
- Preparation of undergraduate nursing students for midterm and final exams

**Urban Health Plan
1065 Southern Blvd.
Bronx, NY 10459**

Director of Care Management 2013 - 2014

- Prevention of unnecessary ER visits & hospitalizations; ensuring ambulatory sensitive conditions are addressed at point of care
- Leadership & direction to ensure pre-visit planning, follow-up, continuity & coordination of care for high risk patients; attention to vulnerable patients with complex medical conditions

Associate Director of Nursing 2012 - 2013

- Ensured organization-wide standardization of care and practice
- Duties: Administrative, Program Development, Clinical, In-Service Education, Quality Control

**Pace University Lienhard School of Nursing
Pleasantville, NY 10570**

Adjunct Clinical Faculty Graduate Division 2010 - 2011

- Physical Assessment Lab Faculty (hands on) Graduate Assistant
- Online Graduate Teaching Assistant

**Albert Einstein College of Medicine of Yeshiva University
1300 Morris Park Avenue, Belfer Rm 701
Bronx, New York 10461**

Research Coordinator, Longevity Genes Project 1998 - 2000

- Established & examined subject population; oriented, trained & supervised staff
- Organized and developed project; prepared and submitted annual reports
- Developed, edited & updated questionnaires, manual of operations, protocols, organizational frameworks, job descriptions; corresponded with & maintained support of key institutions; public relations; presented research at scientific convention

**Community Health Program of Queens/Nassau
410 Lakeville Road, New Hyde Park, New York 11042**

Team Leader - Urgent Visit Unit / FNP in Multi-Disciplinary settings 1984 - 1994

- Supervision and coordination of team; maintenance of emergency crash cart
- Diagnosis, treatment and follow-up of patients with acute, episodic illnesses
- Responsible for Urgent Visit area and post-surgical patients

RESEARCH / PUBLICATIONS:

- Journal for Nurse Practitioners (2016) Reviewer.
- Fzylova, Natalya. (2015). *Health and Wellness for Busy Women*. Edited by Iankowitz, N. & Dvorak, M. Kantor, Carol, host of 'Community Focus'; Live Radio Interview; taped Dec. 2015. Topic: Mind/Body/Spirit Balance & Healing
- Scala, Elizabeth, host of 'Your Next Shift'; Taped for podcast July 2015 released August 2015
- Singleton, J.K., DiGregorio, R.V., Hernandez, C., et al. (2014) *Primary Care, Second Edition: An Interprofessional Perspective*. New York: Springer Publishing Company
- Iankowitz, N., Uzokwe, H., Dowden, M. & Palomino, S. Computer Systems Tools and Potentially Inappropriate Medications Ordered at Discharge for Adults ≥ 65 years of age: a Systematic Review; JBI protocol 565, (2011)
- Iankowitz, N. & Palomino, S. The DNP Project: A Collaborative Effort Between Hudson Valley Hospital Center and Pace University (2011) (presentation)
- Iankowitz, N. & Palomino, S. Quarterly Medical Staff Meeting (2011) Hudson Valley Hospital Center. "Computer Systems Tools and Reduction of Prescribing PIMs" (presentation)
- Barzilai, N., Iankowitz, N., Gabriely, M. "Searching for Longevity Genes in the Historically Unique Jewish Ashkenazi Population" (ongoing longitudinal research project at the Albert Einstein College of Medicine)
- Barzilai, N., Gabriely, I., Gabriely, M., Iankowitz, N., Sorkin, J. "Offspring of Centenarians Have a Favorable Lipid Profile" *JAGS* 49(1):76-79, 2001
- "Searching for Longevity Genes in an Offspring Cohort" (presentation) The Gerontological Society of America 52nd Annual Scientific Meeting San Francisco Hilton & Towers, San Francisco, CA 11/1999
- Cohen, N., and Smith, V. "Effects of Anxiety and Loneliness on Midterm Grades of Graduate Nursing Students" 1983 (Unpublished Master's Thesis, Pace University archives)
- Cohen, N. "Method and Treatment of Psychoanalysis - Freud: Gone, But Is He Forgotten?" (Original paper presented at Regional Convention, Marymount College, New York) Sponsored by Alpha Chi Delta Honor Society, Chapter VI, 1980
- Cohen, N. "Effects of Diet and Nutrition on Schizophrenia" (original paper presented at National Convention, Nashville, Tennessee) Sponsored by Alpha Chi Delta Honor Society, Chapter VI, 1979

COMMUNITY SERVICE / PRESENTATIONS / OTHER PUBLICATIONS:

- Stress Management in the 21st Century (2019) Vinyard Commons
- The Human Body is Designed to Heal Itself (2019) Vinyard Commons
- The Pawling Record (Health and Wellness Column) 2017 - 2019
- Understanding the Language of the Brain (2018) Pawling Library, NY
- Stress Management (Part 1; 2017) Pawling Library, NY
- The Brain Is Designed to Calm Itself (2017) Pawling Library, NY
- The Human Body Is Designed to Heal Itself (2017) Pawling Library, NY
- Boosting the Immune System. (July 2017) Pawling Library, NY.
- The Human Body is Designed to Heal, (April 2017) Pawling Library, NY.
- Marcy's World, Host WPWL 103.7 FM Pawling Public Radio 2017 - 2019
- Iankowitz, N. (2010). Cure sinusitis for under a penny a day. *Poughkeepsie Journal archives*
- Iankowitz, N. (2007, 2010). *Conversations With Our Daughters*. Indiana: AuthorHouse
- Iankowitz, N. (2005). *Tales of The Soil*. Indiana: AuthorHouse
- Iankowitz, N. (2003). *Marcy and Her Friends*. Indiana: 1st books
- ANA Code of Ethics Revision Professional Issues Panel Advisory Committee 2013

WORKSHOPS:

Stress Management for children and adults 1985 – present
Creative Writing & Peaceful Conflict Resolution (adults & children) 1996 – present
Diabetic Foot Care 1986

HONORS / ORGANIZATIONS / AFFILIATIONS:

Albert Nelson Marquis Lifetime Achievement Award. 2019
Benjamin Scholarship Award 2011 – Pace University
Cambridge Who's Who Registry Among Executive and Professional Women in the Field of
Research, Medicine and Healthcare
International Association of Nurses
Committee Member – Pace Dean's Alumni Award 2010, 2011
Pace University Speaker - Commencement: Alumni Address and Honors Ceremony 2010
Pace University LSN Dean's Alumni/ae Award for Outstanding Professional Contributions 2009
Sigma Theta Tau International Honor Society of Nursing
Who's Who Among Executives and Professional Women Honors Edition
Charter Member of Integrative Practitioner
United Who's Who of Executives and Professionals; Who's Who in Nursing
The National Registry of Certified Nurses in Advanced Practice
The National Distinguished Service Registry in Nursing
Who's Who in American Colleges and Universities
Alpha Chi Delta Honor Society (former Vice President)
Professional Membership: AANP; ANA; NYSNA